



Sustainability and Empowerment Policy for Happiness Farm 2023

Policy Statement

The Happiness Farm is committed to promoting sustainability, empowering women, and supporting organic practices in alignment with government initiatives and our objectives. We aim to lead by example in our operations by integrating renewable energy sources, reducing plastic use, and prioritizing health and safety in our culinary practices.

1. Commitment to Sustainability

Renewable Energy Use:

- The Happiness Farm will prioritize the use of renewable energy sources (such as solar and wind) to dry our fruits and vegetables by reducing our carbon footprint and contributing to environmental conservation.

Membership in the Bhutan Horticulture Association:

- We are proud member of the Bhutan Horticulture Association, aligning our practices with national goals for sustainable agriculture and horticulture. This membership allows us to share knowledge, resources, and best practices with our community.

-Organic Practices:

Our farming practices will adhere to organic guidelines, ensuring that we cultivate crops without harmful chemicals and pesticides. We will promote biodiversity and soil health to support sustainable food production.

2. Women Empowerment Initiatives

Support for Women in Agriculture:

The Happiness Farm is dedicated to empowering women in our community by providing training, resources, and opportunities in agriculture and hospitality. We will actively seek to employ and promote women in our workforce.

Capacity Building:

We will organize workshops and training sessions aimed at enhancing the skills and knowledge of women in sustainable farming, business management, and leadership.

3. Plastic Reduction Policy

Non-Plastic Initiative:

The Happiness Farm will implement a strict no-plastic policy for all operations. This includes the prohibition of single-use plastic items and the use of glass bottles only for guest services.

- Guests are encouraged to bring reusable containers, and we will provide alternatives to plastic wherever possible.

Water Bottling:

Only glass bottles will be used for serving water to guests. We will not offer plastic water bottles, emphasizing our commitment to reducing plastic waste.

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4. Culinary Practices

Non-Use of MSG:

The Happiness Farm will not use monosodium glutamate (MSG) in any of our cooking practices. We focus on using fresh, organic and local ingredients(as far as possible) to enhance the flavor of our dishes naturally.

Healthy Cooking Methods:

We will prioritize health and nutrition in our culinary offerings, ensuring that all meals are prepared with wholesome ingredients and sustainable practices.

5. Safety and Health Standards

Food Safety Practices:

We are committed to maintaining the highest standards of food safety and hygiene. Our kitchen staff will be trained in safe food handling, preparation, and storage practices to prevent contamination.

Guest Safety:

The safety of our guests is paramount. We will conduct regular safety audits of our facilities, ensuring that all areas meet safety regulations and standards.

6. Implementation and Review

This policy will be communicated to all staff and stakeholders and will be reviewed annually to ensure its effectiveness and alignment with best practices in sustainability and empowerment.

Contact Information

For inquiries regarding our Sustainability and Empowerment Policy, please contact us at:

Phone/Whatsapp +975-77606162

-Email: thehappinessfarm2023@gmail.com

Website: www.thehappinessfarm.com

Conclusion

The Happiness Farm is dedicated to fostering a sustainable future, empowering women, and promoting health and safety within our guests and community. We believe that through these commitments, we can create a positive impact on our environment and society.

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